

FREE SWIMMING LESSONS IN ISLINGTON

Throughout the school holidays and in partnership with Islington Council, we are proud to be able to offer a variety of FREE swimming lessons for children and families. Lessons will include:

- Adult and child lessons - 5 week course for under 3's
- Swim Lessons for 4 -13 year olds - intensive lessons Monday - Friday for 1 or 2 weeks
- Teen swimming lessons 13 -16 year olds - intensive lessons Monday - Friday for 1 or 2 weeks
- Family swim lessons - 5 week course for up to 2 adults and 2 children to learn to swim together and enjoy the pool together

See timetable overleaf.

To book please scan QR code or visit website at better.org.uk/free-swimming-lessons

You can email for more information at summer.lessons@gll.org



Scan to book

BETTER



ISLINGTON
For a more equal future



FREE SWIMMING LESSONS

We have a variety of different options for you to choose from - including the rare chance to learn to swim together, as a family. Swimming is an important life skill that will enable you to safely enjoy the water for a lifetime so why not take the opportunity to learn, this year, for free.

May Half Term

4-16 year olds

Archway Leisure Centre	8.30am - 10.30am	Highbury Leisure Centre	9.00am - 11.00am
Cally Pool and Gym	9.00am - 11.30am	Ironmonger Row Baths	10.00am - 12.00pm

Summer Holidays

4-13 year olds

Archway Leisure Centre	8.30am - 10.30am	Highbury Leisure Centre	9.00am - 11.00am
Cally Pool and Gym	9.00am - 11.30am	Ironmonger Row Baths	1.00pm - 3.00pm

Free Swim Lessons 13-16 year olds

Cally Pool and Gym	11.30am - 12.15pm	Ironmonger Row	12.15pm - 1.00pm
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Free Swim Lessons 16-21 year olds

Cally Pool and Gym	11.30am - 12.15pm	Ironmonger Row	12.15pm - 1.00pm
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Adult and Baby Lessons

Highbury Leisure Centre	Wednesday and Friday	11.00am - 12.00pm
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Family Swim Lessons

Cally Pool and Gym	Tuesday	12.15pm - 12.45pm - 5 week course
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October Half Term

4-16 year olds

Archway Leisure Centre	8.30am - 10.30am	Highbury Leisure Centre	9.00am - 11.00am
Cally Pool and Gym	9.00am - 11.30am	Ironmonger Row Baths	1.00pm - 3.00pm

Spaces are limited so make sure you book yours today.

Terms and conditions and Swim Safely rules apply. Speak to a member of staff for details. Offer available at participating Better leisure centres in Islington only. Maximum of five weeks available. Spaces subject to availability. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398