

Year 1 Home Learning W/c 1st June

This half term our topic will be pirates. This is the booklet we will be using
<https://www.talk4writing.com/wp-content/uploads/2020/05/Y1-Sayeeda.pdf>

Try to read the story of Sayeeda the Pirate Princess everyday this week. Can you make up actions for parts of the story. You can use these actions to start to memorise parts of it. If you video call members of your family you could retell the story to them!

You might need to know the meaning of these words first: **swoop, glide, fly**. Can you show your adult what these movements look like?

Breeze- a gentle wind

Galleon- A ship with sails which was used a long time ago



Activity 1:	Activity 2:	Activity 3:										
<div data-bbox="97 1003 503 1155"> <p>Which character did you like best? Why?</p> <p>Did anything surprise you about the story?</p> <p>What did Sayeeda learn by the end of the story?</p> </div>  <div data-bbox="110 1276 552 1606"> <div style="border: 1px solid black; height: 60px; width: 100%;"></div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="border: 1px solid black; height: 60px; width: 30%;"></div> <div style="border: 1px solid black; height: 60px; width: 30%;"></div> </div> </div> <p data-bbox="84 1659 552 1774">Turn to page 5 and think about some of the questions that Sayeeda is asking.</p>	<p data-bbox="576 1003 1023 1102">Read the story again. Match the words to who said them in the story</p> <table border="1" data-bbox="592 1155 1031 1680"> <tbody> <tr> <td data-bbox="592 1155 844 1260">"Jump onto my back and hold my fin."</td> <td data-bbox="852 1155 1031 1260"></td> </tr> <tr> <td data-bbox="592 1270 844 1354">"Jump onto my back and hold my wings."</td> <td data-bbox="852 1270 1031 1354"></td> </tr> <tr> <td data-bbox="592 1365 844 1459">"Thank you."</td> <td data-bbox="852 1365 1031 1459"></td> </tr> <tr> <td data-bbox="592 1470 844 1564">"Climb onto my head in front of my blowhole"</td> <td data-bbox="852 1470 1031 1564"></td> </tr> <tr> <td data-bbox="592 1575 844 1680">"Don't open your treasure box on deck."</td> <td data-bbox="852 1575 1031 1680"></td> </tr> </tbody> </table>	"Jump onto my back and hold my fin."		"Jump onto my back and hold my wings."		"Thank you."		"Climb onto my head in front of my blowhole"		"Don't open your treasure box on deck."		<p data-bbox="1055 1003 1510 1113">By the end of the week you should be ready to answer these quiz questions.</p> <ol data-bbox="1071 1165 1510 1711" style="list-style-type: none"> How did Sayeeda like to spend her days? What did she like to do best? Why did Sayeeda's father tell her not to open her treasure box on the galleon's deck? What do you think Sayeeda's father said to her when the jewelled key slid away? Why did Sayeeda weep? What happened to the jewelled key when it slid from Sayeeda's hands? What lesson did Sayeeda learn by the end of the story?
"Jump onto my back and hold my fin."												
"Jump onto my back and hold my wings."												
"Thank you."												
"Climb onto my head in front of my blowhole"												
"Don't open your treasure box on deck."												

Story time

Learning to read is one of the most important things we can do. While libraries are closed it can be hard to access books for your children. Don't forget you can use the Oxford Owl website to access lots of free ebooks. Go to this website:

<https://home.oxfordowl.co.uk/> Your username is **ppvictoria** and your login is **1234**

Try to read at least one book per day

You can also use Phonics Play to practise your phonics skills:

Phonics Play www.phonicsplay.co.uk Username:
march20 Password: home

World of Books has a second hand book section with discounted books which start at 3 pounds each; <https://www.worldofbooks.com/en-gb/featured/ages-5-8?pr=3-6>

Other Literacy Ideas

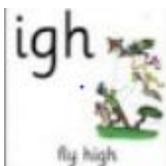
Julia Donaldson has written some terrific books for children. You can log into Oxford Owl to read some of her books or you can watch them on **Youtube**.

Here is a list of some great books to look out for;

A squash and a squeeze, What the ladybird heard at the seaside, and Crazy, Mayonnaisy mum (poems).

What do you notice about her style? Do you know any other authors who write like that? Read or listen to the story of 'The Paperbag Princess'. Clothing is important in this book. What does clothing tell us about the characters?

Spellings



This week we are spelling words with the sound 'igh'. Often it can be tricky to make sure all three letters are in the right order.

high			
flight			
might			
slight			
light			
right			
fight			
sign			
knight			
night			

The last 2 words sound the same, but have different spellings and meanings. This is called a homophone.

Knight- a soldier from the middle ages



Night- the opposite of day time



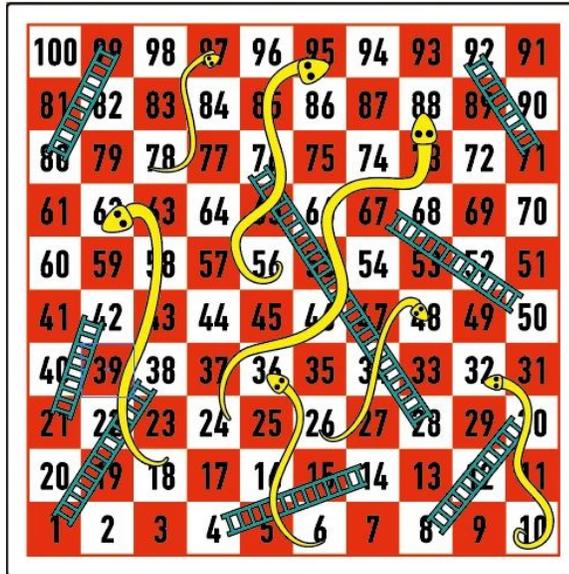
Maths fun

Please use the White Rose Maths resources where you will find daily activities and videos to support. The learning is organised in weeks, we are in week 6

<https://whiterosemaths.com/homelearning/year-1/>

Here are some other fun maths ideas you can try at home:

1. How many seconds are in a minute? How many minutes are in an hour? Time yourself doing everyday activities like brushing your hair, feeding your pet, cleaning your teeth and taking a shower. Put these activities in order from the ones that take the most to the least amount of time. Can you try to become quicker at these activities during the week?
2. Count in steps of 1, 2, 5 and 10. Do not forget to start at numbers other than zero to challenge yourself. Challenge a family member to find out who can get to 100 first.
3. Games like snakes and ladders are great for practising our number skills. Can you play a board game with someone in your family? If you don't have a board game, perhaps you could make your own. Instead of snakes and ladders maybe you could have 'Stairs and Slides' or 'Trees and Raindrops'. Think about things that go up and things that go down to help you. I'm sure you can be much more creative than Miss Haydon!



- Conduct a survey with your family and friends to find out who is the most popular superhero out of Wonder Woman, Batman, Superman, Spiderman and Harley Quinn. You could record your data in a tally chart and then turn it into a bar chart or pictogram. You could even use Lego to create your bar chart to show your data.

Fine motor skills

For lots of our learning we need to be able to control the movements we make. To do this, we need good fine and gross motor skills. Gross motor skills are the ones we use for large movements like running, climbing and dancing and fine motor skills are the smaller movements we need for writing, drawing and making.

Choose from the list below which activities you would like to do to develop your fine and gross motor skills.



Thread beads on to pipe cleaners to make bracelets and necklaces.



Play a clapping game.

Help your grown-up make bread. Knead the dough by squeezing and squashing it with your hands and fingers.



Use playdough to make a monster or an alien.



Thread ribbons in and out of the holes in a plastic mesh bag like those used to hold oranges.



Thread pasta on to a piece of string to make a necklace.

Chase and catch bubbles or balloons. ○ ○ ○ ○ ○

Balance on one leg for as long as you can. Then, balance on the other leg.



Grind some spices in a grinder or pestle and mortar.

Use scissors to cut pictures from magazines. Make a new collage picture with them.



You can practice your fine motor skills by playing with play dough. Here is a recipe below:

Play dough.

Using playdough is a creative and fun way to play and it helps to strengthen our arms, hands and fingers!

Ingredients

- 2 1/4 cups white all-purpose flour
- 1 cup [salt](#)
- 1 1/4 cups hot water
- 2 Tables spoons oil
- Food colouring (optional)

Instructions

1. In a large bowl, combine the flour and salt. Add the hot water and oil to the flour and salt mixture. If you're using a dye to color the dough, add it to the bowl (the amount you use will depend on your personal preference). Stir the dough until it forms a ball. Once the dough begins to form a ball, knead the dough with your hands, adding more flour if it's needed.
2. The play dough is best used within 7 days. Store the play dough at room temperature in an air-tight container. If the play dough gets too sticky, just knead in more flour. If the play dough gets too dry, add a drizzle of oil to the dough.



You could use your play dough to practice your spellings. Try rolling out the dough into a sausage shape and the twisting it to form some of these words:

Come
Some
One



You

Your

They

Love

Friend

The words above are classed as 'common exception words'. Common exception words don't follow the usual spelling patterns we teach in Year 1 so must be taught separately.

If you don't want to make play dough you can practice writing them with chalk outside on the pavement, write them in the air using different body parts or even writing them in sand or soil with your finger.



Happy minds, happy times

It can be hard to feel positive and relaxed when you're out of routine and everything feels like it is out of your control.

The NHS have backed this app which helps to promote positive mental health resilience and self esteem.

You can download it here: <https://myhappymind.kartra.com/page/light-enquiry>

PSHE

PSHE education is a school subject that helps children develop knowledge, skills and qualities to manage their lives, now and in the future.

This week's PSHE education theme is **empathy**. Empathy means being able to understand and share someone else's feelings. It is a skill we can all learn and improve, just like learning to write or add numbers. Books and films are a fantastic way to build on our empathy skills, by identifying with characters and seeing things from different points of view.

Activity: Choose a character who you **really like**, can identify with and understand (from a book you have read/are reading/a new book/a film you have watched).

Discuss: - Name of the book or film (and the story) - Who is the character? (name, age, what they look like) - What do you like about them? (think about their personal qualities, behaviour and anything else) - If you were advising them what would you say? (think about what they can do next or differently)

Now choose a character from a book you are reading/a new book/a film you have watched, who you **really don't like**, cannot identify with and find hard to understand. What do you think it is about their behaviour which makes you feel that way? What would you say to make them change their behaviour?

P.E.

Keeping fit and healthy is just as important as ever. Try to make daily exercise part of your routine.

If you are stuck for some ideas for how to keep healthy, here are some below:

Supermovers

If you like using a dance mat, you'll love this and it makes a change from Joe Wicks daily workout.

<https://www.bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr>

BBC Sign in Home News Sport Weather iPlayer Sounds CBBC More Search

Teach Home Primary Secondary Skillswise School Radio Bring the Noise Teacher Support

SUPER MOVERS Premier League

Just for Fun

BBC Teach > Super Movers

Just for Fun: Alex Scott Level One

Just for Fun: Alex Scott Level Two

Just for Fun: Danger Mouse Level One

Islington PE services

There are lots of ideas for keeping fit here:

<https://www.islingtoncs.org/sites/default/files/School%20Games%20Play%20Formats%20-%20A+Home.pdf>

Why not try this one today:



How to Play

- 2 players
- Clear a safe area, inside or outside
- Attach 2 tails to yourself by tucking the top of the tail into the top of your bottoms, place one on each side
- Face your partner and get into the ready position (toes facing forward, knees slightly bent, back straight and hands up)
- When the timer starts you and your partner try to catch each other's tails.
- Keep playing until both tags are removed from one player

Variations

- Try adding more tags
- If there are enough people in your house, you could play a team game.
- Limit yourself to a small playing area to work on agility skills, or give yourself a bigger playing area to work on skills such as dodging.

Making it easier

- Equipment – make the tails longer
- People – one person at time attempts to grab tails

Making it harder

- Tasks – you choose which tag to go for before starting the game
- Equipment – Increase or decrease the number of tails
- People – one person has tails and is defending against 2 players trying to catch tails.

Equipment

- Something to use as tags such as clean cloths, tea towels or football socks

Safety

- Ensure the playing area is safe
- Be aware of other objects when moving around so you don't hit them
- Watch out for hitting into other players when you are bending down

Links to sport

- This game will help you with agility and quick feet which are useful skills in all sports, including boxing, fencing and judo
- Practicing the ready position helps you to move and react quicker. This will help with movements such as catching in cricket.

Tactics

- What do you need to do to make it difficult for your opponent to catch your tails
- What moves could you do to try and catch your opponents tails

Spirit of the Games

- Honesty – do you play fair and make sure your tails are still easily visible not tucked away.
- Teamwork – do you help your opponent when replacing your tails

As long as you can find the ingredients, now is a good time to practise your cooking skills. Try cooking some different meals for your family during half term

Breakfast

Oats with Fresh Fruit and Yoghurt



 Prep: 15 minutes

 Cook: 0 minutes

 Serves: 4

Recipe info

Ingredients

2 apples
2 bananas
1 punnet strawberries
1 small bunch grapes
(white or red)
Extra fruit in season such as:
pears, blueberries, blackberries
200g rolled (or porridge) oats
3 tbsp honey
500ml natural yoghurt

Equipment

Colander
Kitchen towel
Sharp Knife
Chopping board
Large mixing bowl
Weighing scales
Mixing spoon
Bowls to serve

Description

This is a great breakfast recipe that children love to make and eat.

Method / What to do

1. Wash the fruit and pat dry with some kitchen towel or leave to dry.
2. Cut the fruit up into bite sized pieces and put into bowl.
3. Add the oats, honey, and yoghurt to the fruit and mix together.
4. Serve in bowls.

Lunch

Greek Salad



🕒 Prep: 15 minutes

🕒 Cook: 0 minutes

🍴 Serves: 4

Recipe info

Ingredients

4 medium tomatoes

1 cucumber

1 red onion

50g black olives

50g feta cheese

For the dressing

1 clove garlic

150ml olive oil

2 tbsp red wine vinegar

1 tbsp lemon juice

2 tsp dried oregano

Pepper

Equipment

Chopping board

Sharp knife

Weighing scales

Large salad bowl

Garlic crusher

Measuring spoons

Measuring jug

Fork

Description

Enjoy a taste of the Mediterranean with this colourful healthy salad.

Method / What to do

1. Wash and then cut the tomatoes and cucumber into chunks.
2. Peel and finely chop the red onion.
3. Put the tomatoes, cucumber and onion in a large bowl.
4. Scatter the olives and crumble the feta on top.

Dressing

5. Crush the garlic.
6. Whisk the garlic and other ingredients together with a fork and pour over the salad.

Variation

- 🕒 To add something a little extra, mix some cooked couscous through before serving.

Dinner

Jacket Potato



🕒 Prep: 5 minutes

🕒 Cook: 45 minutes

🍴 Serves: 2

Recipe info

Ingredients

2 medium potatoes
Oil for greasing the baking tray
1 tbsp oil
2 tsp butter to serve

Equipment

Baking tray
Pastry brush
Measuring spoons
Kitchen towel
Fork
Oven gloves
Sharp knife

Description

This way of cooking potatoes acts as a great meal accompaniment or to eat with a variety of fillings.

Method / What to do

Conventional method

1. Preheat oven to 200°C / gas mark 6.
2. Grease the baking tray with a little oil.
3. Wash the potatoes and dry them off with a kitchen towel.
4. Prick the potatoes with a fork then brush them with oil.
5. Bake in the oven for 45 minutes.
6. Remove from the oven and make a crosswise slit in the top of each potato.
7. Squeeze gently to open out the cross and add a knob of butter in the opening.

Microwave method

1. Prick each potato several times with a fork.
2. One potato of 225g will take around 6 minutes on HIGH, adjust time for more or larger potatoes.
3. Allow to stand 1 – 2 minutes before serving.

Remember if you use a sharp knife, make sure an adult supervises you to make sure you are safe.

Computing

You can now keep in touch with your class on our new blog!

<https://pooles-park-primary-school.j2bloggy.com/>

All you have to do is log in using your long LGFL username and password and

click on 'view'.

Once there, find your year group and add a comment to let us all know what you've been up to.

Your comments will be checked by Miss John and then approved for everyone to see and reply to. We'd love to know how you are so please give it a try!

If you don't have your LGFL password email admin@poolespark.islington.sch.uk

Music

Your child enjoys a music lesson at school each week. Pooles Park uses Charanga.com which is an online teaching resource to support their music curriculum.

Your child now has a log in to use the home learning section of the website. Please find their login details in their year group home learning folder. Song resources and lessons have been added to their workspace for them to complete. We hope you enjoy it and feel free to join in with the fun!

Alternatively you can use <https://www.bbc.co.uk/bitesize/subjects/z7tnvcw> to access additional music education.

. Finally don't forget to watch Miss Haydon's singing assembly here:
<https://www.youtube.com/watch?v=r6Gc3MsRXLg>.

As always, if you would like to show me any of your learning, please send a picture to admin@poolespark.islington.sch.uk with the subject FAO Miss Haydon.

I can't wait to see what you've been up to! Thank you so much to those children who have sent me work already! It's lovely to keep in touch.

We know that some of you will be using screens more while you are staying safe

at home and that is okay! It is important to make sure that:

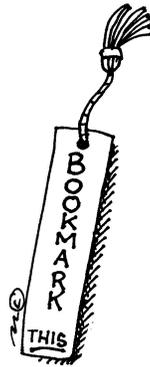
1. You are having healthy screen time - learning or creating things!
2. You are mixing in activities that can be done without looking at a screen too

Try these non-screen activities below

- Make up your own exercise regime. You never know, you could be the next Joe Wicks!



Make a bookmark to use when you're reading



How many different words can you make from the letters in this sentence below:

Learning from home is fun

Use an old sock to make a sock puppet



Join in with my singing assembly. You never know, if you sing loud enough, I might just be able to hear you!

