Activities to try at home.

**Make a fort**. How many hours did you burn growing up building the perfect hideaway?

**Do an easy craft.** No need to go over the top, just give your kiddos some construction paper and crayons and let their imaginations soar.

**Make an obstacle course**. Use old pillows and toys to set up a quick-and-easy obstacle course in the living room. Just lay out a few instructions for your little ones to follow.

**Write letters to relatives**. Have your kids craft a letter to a grandparent or family member. It also helps them practice their penmanship, talk about a win-win.

**Make a simple recipe.** Get kids involved in the kitchen by having them help you prep lunch or dinner, with supervision, of course. Here's [a list of simple recipes](https://www.popsugar.com/family/Best-Kid-Friendly-Recipes-25606166?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_6) to get you started.

**Do a puzzle**. Amazon is chock-full of puzzles for kids of all ages. Prime one to your house and let the kids go wild.

**Get building**. [Use Legos or building blocks](https://www.popsugar.com/family/best-new-lego-sets-2020-47244751?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_7) to create a true masterpiece. Go for a more complicated build, like a bridge, to give your kids the lowdown on basic physics.

**Cuddle up with a few books.** There's no such thing as too much reading, so carving out an hour to hunker down with [your kids' favourite titles](https://www.popsugar.com/family/All-Time-Best-Children-Books-27027265?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_8) is certainly a good idea.

**Stage an impromptu concert.**Ask your children to practice a favourite song or dance and have them perform it in front of the family in a post-dinner talent show.

**Plan a scavenger hunt**. Lay out some clues to hidden treasures around the house to keep kids busy.

**Have a board game night.**A tried and true family favourite, getting a little competitive for a few hours will keep boredom at bay.

**Play a round of indoor games.** Have little ones burn off some energy by playing a few rounds of LeapFrog, Simon Says, or Red Light, Green Light. You'll thank us during nap time.

**Dig up some of those activity books.** Have a few puzzle or colouring books laying around you usually reserve for family road trips? Now's the time to break 'em out.

**Have a mini self-care day.** [DIY your own bath bombs](http://www.honestlymodern.com/how-to-make-homemade-bath-bombs-with-kids/), let children apply a face mask, and give each other little back massages for the ultimate relaxing experience.

**Decorate cardboard boxes.**Let kids go to town colouring or painting any leftover boxes you have laying around for hours of fun.

**Print out colouring pages.**Low on crafting supplies? No worries. There are plenty of [free printable colouring pages](http://www.crayola.com/featured/free-coloring-pages/) online.

**Put on a play.** Have your kids create and perform their own creation. Don't forget to dip into the costume box!

**Break out the Play-Doh.** Children can use squishy good stuff to make whatever they want! Encourage them to make a sculpture to get the creative juices flowing.

**Use water.**Fill your sink with dish soap and plenty of toys to keep toddlers entertained long enough to make lunch.

**Make slime**. Sometimes a little mess goes a long way in terms of keeping your kids entertained. Try this easy-to-make [DIY slime recipe](https://www.popsugar.com/family/DIY-Slime-Recipe-43177546?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_11) to get the ball rolling.

**Stage a puppet show**. Whether you have puppets already or need to make them from brown paper bags, it's easy to get the kiddos involved in this hands-on activity.

**Game on!**Have a Wii or Nintendo Switch in the house? Set up a tournament with a small prize involved to keep things interesting.

**Bowl indoors.** You don't need a blowing ball and a full set of pins to play. Just set up a few recycled bottles and use any old ball to get started.

**Introduce your kids to yoga or meditation**. A little zen during uncertain times goes a long way. Try this [Trolls-inspired yoga video](https://www.popsugar.com/family/cosmic-kids-trolls-yoga-video-47084390?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_12) to help little ones feel relaxed.

**Make your own jewellery.** Have any beads or [DIY](https://www.popsugar.com/DIY?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_13) kits stowed away? This is the best time to use them. You can also order your own kit online!

**Break out the temporary tattoos.** An easy activity that your brood will no doubt get excited over, all you need is a bit of water to bring on the smiles.

**Play an educational game**. Download an [educational app](https://www.popsugar.com/family/Best-Educational-Apps-Kids-2018-44913805?utm_source=msn&utm_medium=partner&utm_campaign=feed&utm_content=link_14) on your phone on iPad and let the kids go at it.

**Have an indoor camp out!**Grab your sleeping bags and marshmallows and set up a mini camping site in your living room. We have a feeling your kids will love the change of pace.

**Make a collage or vision board.** Help children cut out photos and words from magazines or newspapers and stick them to a sturdy piece of paper. They can hang them up in their rooms once their creations are complete!

Movement Activities at home - YouTube

Cosmic Kids

Go Noodle

The Body Coach TV – Kids Workouts. Live PE with Joe each week day at 9am.